Forecast For East of England
Issued by Met Office Exeter
at 0400 on Thursday 05 Aug 2021

++ Valid for broadcast between 0600 and 1800

Headline:
Unsettled next few days, windy with heavy rain at times.

Today:
After a fine bright start with light winds, cloud will increase through the morning as the breeze freshens. Showery rain spreading east through the afternoon, perhaps locally heavy or thundery. Maximum temperature 22 deg C (72 deg F).

Tonight:
Mostly cloudy and breezy overnight. Showers continuing at first though becoming isolated after midnight. Most parts dry with some clear spells by dawn. Minimum temperature 14 deg C (57 deg F).

Friday:
Scattered showers continuing on Friday morning becoming more frequent, heavy and prolonged into the afternoon with an increasing risk of thunder. Windy as well, especially near the coast. Maximum temperature 22 deg C (72 deg F).

Outlook for Saturday to Monday:
Sunny spells and showers on Saturday and Sunday with a risk of thundery downpours each afternoon. Windy. Temperatures below normal. Less windy and less frequent showers on Monday.

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